

PHYSICIAN'S ORDERS  
THYROIDECTOMY POSTOPERATIVE CARE (Adult)

Allergies: \_\_\_\_\_

To complete the order form, fill in the required blanks and/or check the appropriate boxes.  
To delete orders, draw one line through the item and initial.

ENDOCRINE ORDERS

Serum calcium preop or recent result on chart

Serum calcium and phosphorus postop in PACU

Repeat at 6 hours postop and every 12 hours thereafter (0600 and 1800)

Call Dr. \_\_\_\_\_ IF calcium less than 2 mmol/L

Notify Dr. \_\_\_\_\_ IF tetany present

Restart levothyroxine \_\_\_\_\_ mg po once daily

Date: \_\_\_\_\_ Time: \_\_\_\_\_

MD SIGNATURE

SURGEON ORDERS

Head of bed elevated 30 degrees, sit at side of bed/stand with assistance day of surgery, progress to AAT

Sips to DAT

Routine postoperative vital signs

Chvostek/Trousseau signs q4h postop

Antiembolic stockings  OR \_\_\_\_\_

Incision/Drains:

JP drain to continuous bulb suction

aspirated JP drain q2h x 24 hours, then QID when awake

Remove dressing postop day 1

Discontinue drain postop day \_\_\_\_\_

Discontinue clips and apply steri-strips day 2 postop at \_\_\_\_\_ h

IV Therapy:

IV 2/3 - 1/3 at \_\_\_\_\_ h, decrease TKVO when drinking well

Change to saline lock postop day 1 if drinking well

Discontinue IV/saline lock prior to discharge

Medications:

Morphine \_\_\_\_\_ mg IV q \_\_\_\_\_ h prn for pain

Acetaminophen 325 mg with codeine \_\_\_\_\_ mg 1-2 tabs po q4h prn for pain

Tramadol 37.5 mg with acetaminophen 325 mg 1-2 tabs po q4-6h prn for pain

Oxycodone 5 mg with acetaminophen 325 mg 1-2 tabs po q4h prn for pain

Dimenhydrinate 25-50 mg IV/po q4h prn for nausea and vomiting.

Ondansetron \_\_\_\_\_ mg IV q \_\_\_\_\_ h prn x 48 h, give if dimenhydrinate ineffective

Other Medications:

Date: \_\_\_\_\_ Time: \_\_\_\_\_

MD SIGNATURE

