



**PHYSICIAN'S ORDERS  
TONSILLECTOMY AND ADENOIDECTOMY  
POSTOPERATIVE CARE (Paediatric)**

Weight: \_\_\_\_\_ (kg)

Allergies: \_\_\_\_\_

To complete the order form, fill in the required blanks and/or check the appropriate boxes.  
To delete orders, draw one line through the item and initial.

**General:**

Intravenous: [ ] Normal Saline [ ] D5W and 0.9 NaCl [ ] D5W and 0.45 NaCl

Rate \_\_\_\_\_ mL/hour until discharge

Vital signs: q1/2h x 2, then q1h x 2, then q4h

Tonsil and adenoid (T&A) clear fluid diet

**Medications:**

Pain Management:

Acetaminophen elixir/suppository \_\_\_\_\_ mg po/pr q3 - 4h prn (10 - 15 mg/kg/dose)

Morphine oral liquid \_\_\_\_\_ mg po q4h prn (0.2 - 0.5 mg/kg/dose)

Morphine \_\_\_\_\_ mg IV q2 - 4h prn (0.05 - 0.1 mg/kg/dose) Give for severe pain or if patient unable to tolerate oral analgesia.

Post op nausea and vomiting:

Dimenhydrinate \_\_\_\_\_ mg po/IV q4 - 6h prn (1 mg/kg/dose, maximum 5 doses/day)

Other: \_\_\_\_\_

**Discharge:**

Discharge with instructions when the following discharge criteria are met:

- Patient has spent 6 hours post extubation in the hospital
  - Patient can swallow fluids
  - There are no signs of active bleeding
  - The patient has not vomited more than three times
- AND
- Has not vomited within 2 hours prior to planned discharge
  - Systolic BP drops less than 20 mm Hg from baseline
  - Patient is afebrile
  - Patient is not experiencing any respiratory distress
  - Patient/caregiver has verbalized/demonstrated understanding of discharge instructions

Follow up appointment with ENT to be made in \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

MD SIGNATURE

