

Newborn Babies...

...what people worry about

Babies....

- make many noises when they sleep
- sneeze often to clear their noses
- may have more loose bowel movements when they breast feed than when they drink formula
- should have 4 or more wet diapers a day by 4 days old
- often spit up a little milk after a feed
- get hiccups often and it does not bother them
- may be cross-eyed for a few weeks
- may have rashes on their faces and white spots on their noses
- may have dry skin and scalp
- have a fast heart rate (about 120-160 beats in a minute)
- breathe faster than you do (about 40-60 times in a minute)
- may have jerky movements when they hear a loud noise

If you have questions or concerns about your baby, speak with a nurse, nurse practitioner, your midwife, clinic or doctor.

