

Access Information

To contact an Oncology Dietitian call:

905-813-1100

And ask for:

Ext. 5157 Sue Wales Arnold, RD

Ext. 6120 Natalie Harrison, RD



Benefits of Good Nutrition

Good nutrition is vital at every stage of your cancer treatment and recovery. Eating well gives you energy, helps you heal and recover faster. Eating well also keeps your body strong so that you can cope with the side effects of cancer treatment.



CREDIT VALLEY
THE CREDIT VALLEY HOSPITAL

Clinical Nutrition

2200 Eglinton Avenue West

Mississauga, ON L5M 2N1

(905) 813-2200

www.cvh.on.ca



CREDIT VALLEY
THE CREDIT VALLEY HOSPITAL



**Registered Dietitians at
The Carlo Fidani
Peel Regional Cancer Centre**



Clinical Nutrition

We're here to help!



Registered Dietitian

Registered Dietitians (RDs) are health care professionals who are trained to provide advice concerning diet, food and nutrition as it relates to health and disease. Dietitians are registered with provincial regulatory bodies and are committed to providing evidence-based nutritional care.

Services Provided



Oncology Dietitians are available to assist you if:

- You have any cancer-related nutrition questions or concerns
- You are experiencing eating difficulty related to side effects of treatment
- You are experiencing weight loss or weight gain
- You have questions about Natural Health Products and cancer
- You would like information on nutritional supplements (high calorie high protein drinks)
- You would like information on healthy eating to help remain cancer free



What We Can Do



We can answer your questions over the phone or arrange a time to meet you in person.

What You Can Do



- ✿ Contact a Registered Dietitian at The Carlo Fidani Peel Regional Cancer Centre for nutrition advice
- ✿ Register to attend the Nutrition and Radiation Therapy class by calling the Radiation Reception at **(905) 813-4411**

