

Other Local Addiction Services:

Peel Addiction Assessment Referral Centre - PAARC 905-629-1007

Addiction Counselling Services of Peel William Osler Health Centre Brampton 905-796-3005

Centre for Addiction and Mental Health, Toronto 416-535-8501

Withdrawal Management Centre Brampton 905-456-3500

Self Help Groups

Self Help Resource Center 416-487-4355

Alcoholics Anonymous, Toronto 416-487-5591

Al-Anon & Alteen 416-410-3809

Cocaine Anonymous 416-927-7858

Codependents Anonymous – CODA 416-487-4355

Drug and Alcohol Registry Treatment Info Line 1-800-565-8603

Lifering - Gary 647-282-1703

Narcotics Anonymous 416-236-8956

Nar-Anon Family Groups 416-239-0096

Women for Sobriety Meeting at CVH - Wed. @ 7pm

No Show Policy:

Individuals who make an appointment and then either don't show up, or cancel at the last minute, cause others to wait needlessly.

If you are unable to attend a booked appointment at our program for any reason, please advise our secretary at least one working day in advance, so that your appointment time can be given to someone else who is waiting for help. If you do not show up for an appointment and have not provided 24 hours notice, your name will be placed at the end of the waiting list for future appointments or services.

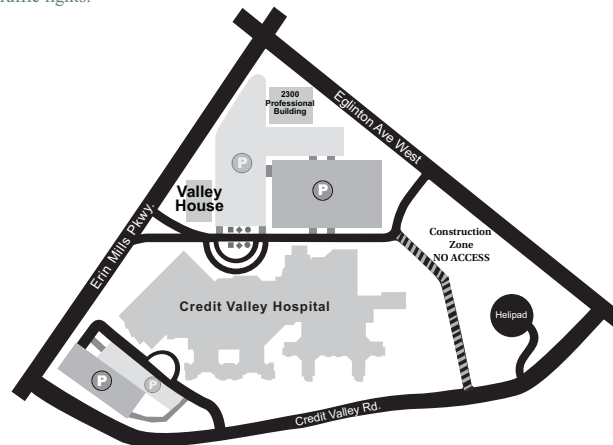
Learn more about the types of treatment available by coming to the Information Session held every Wednesday from 2:00 to 3:30 pm. Please call our secretary to register.

From the north: Take Hwy. 401 (from east or west) and exit at Mississauga Road. Turn south continuing straight onto Erin Mills Parkway. Continue driving south for about ten minutes. Credit Valley is located at the corner of Erin Mills Parkway and Eglinton Avenue West.

From the south: Take the QEW (from east or west) and exit at the Erin Mills Parkway exit. Drive north for about ten minutes. Credit Valley is the first exit past the Hwy. 403 on ramp.

From the east: Take Hwy. 403 and exit at Erin Mills Parkway. Turn right onto Erin Mills Parkway. The main entrance to Credit Valley is past the first set of traffic lights.

From the west: Take Hwy. 403 and exit at Erin Mills Parkway. Turn left onto Erin Mills Parkway. The main entrance to Credit Valley is past the first set of traffic lights.



CREDIT VALLEY
THE CREDIT VALLEY HOSPITAL



The Addictions & Concurrent Disorders Centre

Patient Information

CREDIT VALLEY
THE CREDIT VALLEY HOSPITAL


The Addictions & Concurrent Disorders Centre

2200 Eglinton Avenue West
Valley House, 2nd Floor
Mississauga, ON L5M 2V8

Tel: (905) 813-4402
Fax: (905) 812-2276
www.cvh.on.ca



For information:
call (905) 813-4402
fax (905) 813-2276
www.cvh.on.ca



For the Chemically Dependent:

The following services are offered for individuals suffering from chemical dependency:

Initial Assessment

Is provided by a member of our professional staff, to assess the severity of the problem and begin a treatment plan.

Medical Assessment

Program physicians conduct a medical consultation as part of an individual's initial assessment process and to screen for related medical problems. Follow up support is available throughout recovery.

Psychiatric Assessment / Treatment

Program Psychiatrist is available for assessment, consultation and treatment planning for individuals in the program with a concurrent disorder.

Assessment & Preparation Group

A weekly early treatment group for individuals to establish and assess readiness for Day Treatment or Relapse Prevention group. Here, individuals meet other people with similar problems, and begin to make changes toward recovery.

Day Treatment

A 3 week, intensive, outpatient, abstinence based group treatment program. It helps individuals to learn about their own addiction and provides them with the tools they will need to build a life-long recovery plan.

Individual Counselling

Provided on a limited basis for those individuals who require it.

Structured Recovery Group

A follow-up program for individuals who have attended our Day Treatment. This group meets once weekly for an agreed upon period of time. It helps individuals to practice the skills learned in Day Treatment and provides a caring source of support.

Brief Intervention

For early stage problem drinkers who are not diagnosed to be alcohol dependent, a structured, controlled drinking program may be offered on an out-patient basis.

Relapse Prevention Group

This 6 week group series may be offered to those chemically dependent individuals who previously completed an intensive treatment program, or have had a period of good recovery, but who have suffered one or more relapses.

Education Group

A four week education - focused group to enhance awareness of the impact of addiction and increase motivation towards change.

For the Family:

The following services are offered for the families and loved ones of people suffering from chemical dependency:

Family Day

A full day, educational program offered approximately once per month. Its purpose is to help the family understand the illness of chemical dependency and the role they can play in the recovery process.